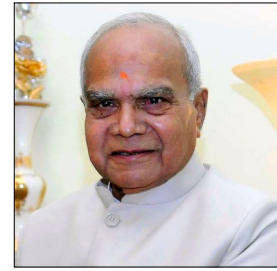




PUNJAB STATE RED CROSS

E-Bulletin No

Date: 01st April, 2024 to 30th April, 2024



It is a matter of honor & privilege for Punjab Red Cross that our Worthy Secretary, Sh. Shivdular Singh Dhillon, IAS (Retd) was selected by the Indian Red Cross Society, New Delhi and Govt. of India represented India at the 6th Commonwealth Red Cross Conference on International Humanitarian Law (IHL), which was held from 15-19th April 2024 at Pretoria, South Africa. In this prestigious meeting which was hosted jointly by International Committee of Red Cross (ICRC), Govt of South Africa and South African Red Cross and was supported by the Commonwealth Secretariat London, and British Red Cross, was attended by Ambassadors , High Commissioners, Senior representatives of Governments and National Red Cross Societies of 54 Countries of the Commonwealth. In this prestigious International Conference the presentation and speech by our Worthy Secretary Sh. Shivdular Singh Dhillon, IAS (retd.) was very well received and much appreciated and he was also made a member of the high level International Committee to draft the Commonwealth resolution. This is indeed a great honor for Indian Red Cross Society in general and, Punjab Red Cross in particular

INDIAN RED CROSS SOCIETY PUNJAB STATE BRANCH PARTICIPATION IN CONGREGATION



PUNJAB STATE BRANCH PARTICIPATED IN TARANG

An Exhibition cum Event named TARANG was organized by Centre for Social Work at Panjab University, Chandigarh in which 45 organizations participated including Indian Red Cross Society, Punjab State Branch, Chandigarh where Sr.Satya Pal Jain who is an Additional Solicitor General of India was invited as a Chief Guest. The event TARANG was an exhibition organized for Local Artisans, Non-Governmental Organizations, Student startups and Self Help Groups (SHG's) etc to raise awareness among the most vulnerable population so that they change their ways of life to achieve more economically sustainable life. In this Punjab Red Cross gave awareness to general public especially the youth about their ongoing activities including: Drug Awareness- In this Drug-De-Addiction Center, Kurali,Punjab gave awareness people about there center facilities. TB Awareness-People were given awareness about the TB project of Red Cross which is going in various districts of Punjab. Training and Certification-In this people were given awareness about the First-Aid and Home Nursing Training offered by Indian Red Cross Society,Punjab State Branch. Blood Donation camps-People were encouraged about the Blood Donation camps which are frequently organised everywhere and they were motivated to donate blood at the camps. Volunteership Registerstion- People were told about the Red Cross Volunteership and Membership. Other Activities including Emergency Ambulance Services, Flood Relief or any other sudden natural disaster help in districts facilities etc were told to the people. The whole event was full of immersive experience.It was an interactive collaboration. It also had a lot of virtual reality where different NGOs meet and get to know about the working of each other on ground level.

Punjab Red Cross Blood Donation Camps



Awareness Activities by Punjab State Red Cross through its Drug De-addiction Centres



To strengthen the democracy in India, the Red Cross Integrated and Rehabilitation Centre for Addicts Gurdaspur took an initiative to launch an awareness campaign by organizing an awareness seminar at the centre itself with staff and youngsters getting treatment over here. It was initiated to encourage more young voters to participate actively.



On 18, April 2024, an awareness camp on was organized under the “Nasha Mukat Bharat Abhiyan” at Government Primary school, village Barwa by the Red Cross De-addiction and Rehabilitation Center, Nawanshahr



On 15/04/2024 Red Cross Drug Addiction and Rehabilitation Center Gurdaspur organized an awareness camp at Shivalik Public school GURDASPUR under "Nasha Mukat Bharat Abhiyaan". On this occasion, the team addressed the gathering about the services being provided by Red Cross drug De-addiction and Rehabilitation Center Gurdaspur. The team also stressed upon various diseases that caused due to drugs. The students who participated in this camp were very much interested in this campaign against addiction. They took oath and promised that they will never touch any kind of drug and will create awareness among their family, relatives and friend circle.

Awareness Activities by Punjab State Red Cross through its Drug De-addiction Centres



A lecture on health awareness was organised at Red Cross Drug de-addiction Centre, Saket Hospital, Patiala(Punjab) by following the this year theme: My Health,My Right to raise awareness about the importance of global health and one should improve quality of life. The lecture further insisted on physical activities such as yoga and meditation with a message-“No action today- No cure tomorrow”. All the inmates took interest and promised that they will give first priority to health in their life by quitting the drugs.

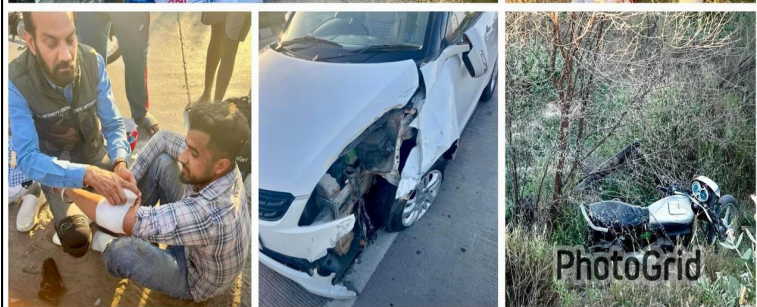


7th April celebrated as a world health day on this day health awareness lecture was organised in language department Patiala by health awareness society and various key speakers were present to delivered health related lecture on world health day in which the Project Director Mrs. .Parminder Kaur Manchanda from Punjab Saket Hospital Patiala and Dr. Prabhdeep Singh (psychiatrist), Ms.Harman Kaur Anand (principal of Mata sahib Kaur girls colleges), Dr.Ashok Rana (yoga instructor) shared their own views on health benefits. During this lecture various teachers, students from different school Sh.kaka ram verma, and staff from Saket Hospital were present.



Red Cross Integrated Rehabilitation Centre for addicts Kurali organised an awareness campaign in village under “Nasha Mukta Bharat Abhiyaan” at Vill Barauli with Anganwari workers. The motive to organise the camp was to strengthen the “Nasha Mukta Bharat Abhiyaan” campaign to make people aware about the Drug abuse . On this occasion, the team Red Cross focussed on the side effects of consuming drugs. The concerned officer informed about the centre where free treatment is provided to the patients.

INDIAN RED CROSS SOCIETY, PUNJAB STATE FIRST AID TRAINING SESSIONS



Quick-Thinking: Mr.Naresh Pathania, Master Trainer First Aid, DTS District Branch Bathinda,(Punjab) Provided First Aid in Road Accident. His prompt intervention stabilized the condition of the victim until paramedics arrived on the scene.

This incident serves as a powerful reminder of the importance of preparedness and the profound impact that knowledgeable, decisive action can have in emergencies.



